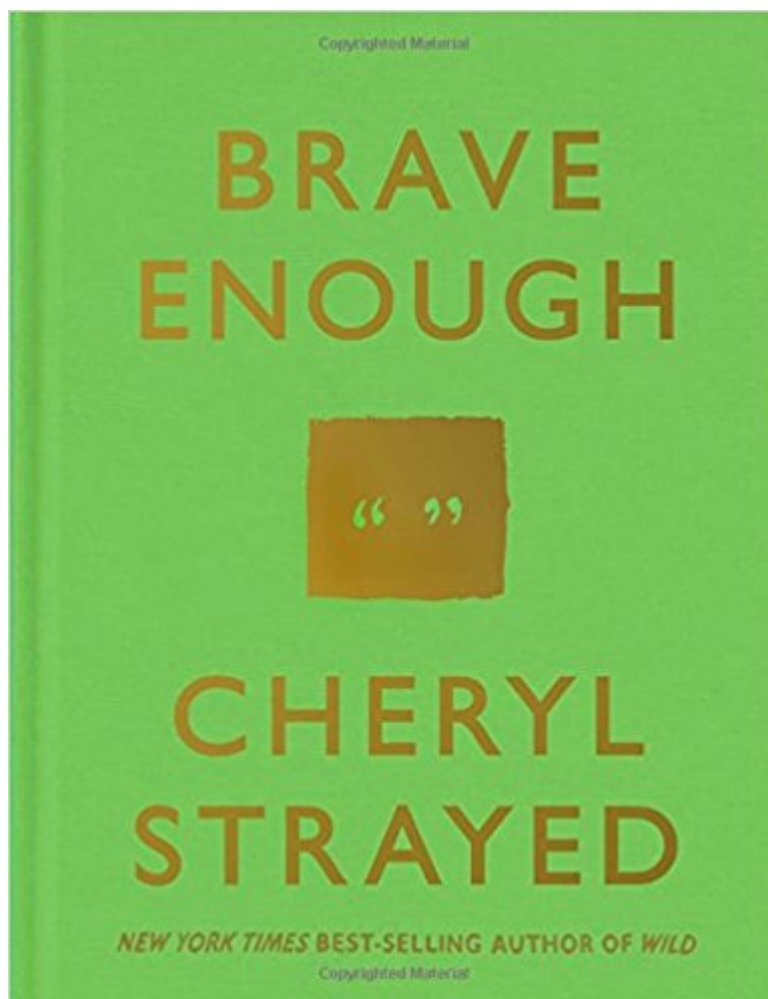


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# Brave Enough



## Synopsis

National Best Seller From the best-selling author of *Wild*, a collection of quotes--drawn from the wide range of her writings--that capture her wisdom, courage, and outspoken humor, presented in a gift-sized package that's as irresistible to give as it is to receive. Around the world, thousands of people have found inspiration in the words of Cheryl Strayed, who in her three prior books and in her "Dear Sugar" columns has shared the twists and trials of her remarkable life. Her honesty, spirit, and ample supply of tough love have enabled many of us, even in the darkest hours, to somehow put one foot in front of the other--and be brave enough.   
   
 This book gathers, each on a single page, more than 100 of Strayed's indelible quotes and thoughts--"mini instruction manuals for the soul" that urge us toward the incredible capacity for love, compassion, forgiveness, and endurance that is within us all.   
   
 Be brave enough to break your own heart.   
   
 You can't ride to the fair unless you get on the pony.   
   
 Keep walking.   
   
 Acceptance is a small, quiet room.   
   
 Romantic love is not a competitive sport.   
   
 Forward is the direction of real life.   
   
 Ask yourself: What is the best I can do? And then do that.

## Book Information

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Average Customer Review: 4.1 out of 5 stars [See all reviews](#) (291 customer reviews)

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## Customer Reviews

I'm a big fan of Cheryl Strayed. *Wild: From Lost to Found on the Pacific Crest Trail*, of course, is great. But *Tiny Beautiful Things: Advice on Love and Life from Dear Sugar* was like a revelation to me. Oh my God, I loved that book. *Brave Enough* is basically a prettily-packaged collection of quotes taken from Strayed's books, essays, and talks formatted in big text and centered on the page. (See attached picture.) There is no dust jacket, so the cover feels like canvas, but the vibrant green with

gold letters is beautiful. There is also an orange ribbon bookmark. There isn't a dud quote in here. I believe the book accomplishes what Strayed says she wanted it to accomplish in the introduction. She says, "I think of quotes as mini-instruction manuals for the soul. It's my appreciation of their very usefulness that compelled me to put together this book. Not because I believe in my own sagacity, but because I believe in the power of words to help us reset our intentions, clarify our thoughts, and create a counternarrative to the voice of doubt many of us have murmuring in our heads--the one that says You can't, you won't, you shouldn't have. Quotes, at their core, almost always shout Yes!" If you enjoyed reading Strayed's other books, you will definitely like the quotes gathered here. And even if you haven't read a thing she's written, this might be a good introduction to her style. Ultimately, this is a very nice book that will look good on a coffee table or will make a thoughtful small gift for the holidays.

First of all let me be clear that I am inspired by Cheryl Strayed and really liked Wild, Torch and especially Tiny Beautiful Things. I think I gave that book to a dozen people. But this book is seemingly just the Cliff notes of TBT; without the content and provocative stories attached to the "slogans." I can't figure out why this was published. It reminds me of those gift books near the cash register at the bookstore--meant as a token gift for a birthday. I'm disappointed!!

Yes it was gutsy Cheryl Strayed, but it was largely pulled from Wild and other sources, with one quote per page. Can't believe it cost what it did. Had as much meat as a chicken wing.

I wanted more. Some powerful quotes, quick read, missing the grit and beautiful soul punching passion of Tiny Beautiful Things and Wild.

I love this book. It's just a collection of quotes, pieces of advice, nuggets of spiritual gold that have truly helped me in dealing with my daughter's cancer. It's light to laugh at, but thoughtful and deep enough to really take to heart. Buy it. Perfect for waiting room too.

The quotes were inspiring and thoughtful, but the book was slim on substance. Overall, I enjoyed it and highlighted many pithy statements for future reference. I'll read her other books, based on this introduction.

Very disappointing. I had hopes that this book would be filled with sayings that would inspire and/or

make me feel good. It did nothing of the sort. I also got tired of her is using the "F" bomb, which was completely unnecessary.

What can I say...having a collection of Cheryl Strayed's nuggets at my fingertips is delicious. I can turn to any page and get a solid bit of something I need to hear - regardless topic or time of day. They all seem to work for me and I bet the same would be said by most readers.

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